

# Headwaters Counseling

## ANNUAL REPORT FY 2016



**“Encouraging people toward a better life”**

[www.headwaterscounseling.org](http://www.headwaterscounseling.org)

### **MISSION**

**“Headwaters Counseling promotes and develops healthy relationships in individuals, families, and communities so they are empowered to make positive life choices.”**

2712 South Calhoun Street, Fort Wayne, Indiana 46807 ~ Phone (260) 744-4326 ~ Fax (260)744-0188

Member of Alliance For Strong Families and Communities ~ Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)  
Certified by the Indiana Division of Mental Health and Addiction

Headwaters Counseling is a division of Family & Children's Services, Inc.,  
a 501(c)(3) charity registered in the State of Indiana

***Our Current***

***Board of Directors  
2016-2017***

**Charles Clark**

***Board President***

Sr. Vice President, Chief Operating  
Officer  
Parkview Behavioral Health

**Ethan “Dean” Grass**

CPA – Senior Staff  
Crowe Horwath LLP

**Michelle Kearns**

Marketing and Brand Manager  
Physicians Health Plan

**Krista Miller**

News Anchor/Reporter  
NBC33

**Deb Overcash**

***Board Secretary***

Retired-Chief Operating Officer  
Fort Wayne Radiology

**Wesley Shie**

***Board Vice President***

Business Advisor  
IPFW

**Michael Gallo**

Attorney  
Faegre Baker Daniels

**Mary “Ann” Helmke**

Retired from Vincent Village  
Assessor  
Parkview Behavioral

**Jane Malloy**

***Chair-Resource Development  
Committee***

Attorney  
Malloy Law, LLC

**Eric M Norman PhD**

Chief Student Affairs Officer and  
Dean of Students  
IPFW

**Jeffrey Sprinkle**

***Board Treasurer  
Chair-Finance Committee***

Private Banker PNC Wealth  
Management  
PNC Bank

**James Williams**

Executive Assistant & Office  
Manager/Multicultural Specialist  
NAMI

*A Message from our  
Board President.....*



The Board continues to look for ways to share the Headwaters Counseling story of excellent mental health and substance abuse disorder treatment at a low cost. The Headwaters' difference is every customer is treated as a unique person and gets the individualized care by caring mental health professionals making a difference in one's quality of life. Strengthening of families is at the core of Headwaters' mission which is to empower families through therapy and education to make positive life choices. Headwaters Counseling services are available regardless of a person's income. This means that fundraising is essential to Headwaters Counseling being able to continue to make a difference in people's lives. Our hope as a Board is that you will consider being a financial supporter of the Headwaters Counseling difference.

Chuck Clark  
Sr. Vice President, Chief Operating Officer  
Parkview Behavioral Health

**YOU DON'T  
NEED A  
REASON TO  
HELP  
PEOPLE.**

*A Message from our  
Executive Director.....*

Headwaters Counseling is a very unique facility. We have been in this community since 1873. We have always tried to be responsive to the community's needs. Our focus for over 20 years has been to be a mental health and substance abuse out-patient treatment facility. Our emphasis has been, and will continue to be, helping children and their families have healthy and safe lives. Our staff is dedicated to providing quality, compassionate and outstanding care. Our staff of therapists is cross-trained to address needs as they arise. We want the people we serve to be happy, hopeful and healthy. We appreciate and are grateful for the support of the community, funders, advocates, staff, clients and the community as a whole for helping us help people to help themselves.

Stephen Jarrell  
ACSW, LCSW, LCAC  
Executive Director/CEO

**POSITIVITY  
IS THE  
KEY**



***The Staff of Headwaters Counseling as of  
December 31, 2016***

Stephen A. Jarrell ACSW/LCSW/LCAC  
Executive Director/CEO

Connie E. Carman LCSW/LCAC/ICCS  
Associate Director/COO

**Clinical Staff**

Ruth A. Bracht LCSW/LCAC  
Parent Education Coordinator  
Therapist

Ronald J. Furniss ACSW/LCSW/LCAC  
Director of Sex Offender Program  
Therapist

Tracy Hershberger LMHCA  
Therapist

Vanessa L. Jones LMHC  
Director of Mental Health Program  
Therapist

Theresa Roe-Krauchs LAC  
Addictions Counselor

Jacqueline McCoy LMFTA  
Therapist

Therese C. Muhlbauer Ph.D HSPP.  
Psychologist.

Laura B. Reece BSW  
Marketing & Client Liaison

Kim Rozier MS  
Therapist

**Support Staff**

Linda Moses  
Finance Manager

Yolanda Townes  
Billing Supervisor

Marissa Abercrombie  
Billing/Front Desk Receptionist

Victoria Martin  
Billing/Front Desk Receptionist

Sharon Dunn  
Executive Assistant

***A DONOR  
BILL of RIGHTS***

Philanthropy is based on voluntary action for the common good. It is a tradition of giving and sharing that is primary to the quality of life. To assure that philanthropy merits the respect and trust of the general public, and that donors and prospective donors can have full confidence in the not-for-profit organizations and causes that they are asked to support, we declare that all donors have these rights:

1. To be informed of the organization's mission, of the way the organization intends to use donated resources, and of its capacity to use donations effectively for their intended purposes.
2. To be informed of the identity of those serving on the organizations governing board, and to expect the board to exercise prudent judgement in its stewardship responsibilities.
3. To have access to the organizations most recent financial statements.
4. To be assured their gifts will be used for the purposes for which they were given.
5. To receive appropriate acknowledgement and recognition.
6. To be assured that information about their donations is handled with respect and with confidentiality to the extent provided by law.
7. To expect that all relationships with individuals representing organizations of interest to the donor will be professional in nature.
8. To be informed whether those seeking donations are volunteers, employees of the organization, or hired solicitors.
9. To have the opportunity for their names to be deleted from mailing lists that an organization may intend to share.
10. To feel free to ask questions when making a donation and to receive prompt, truthful and forthright answers.

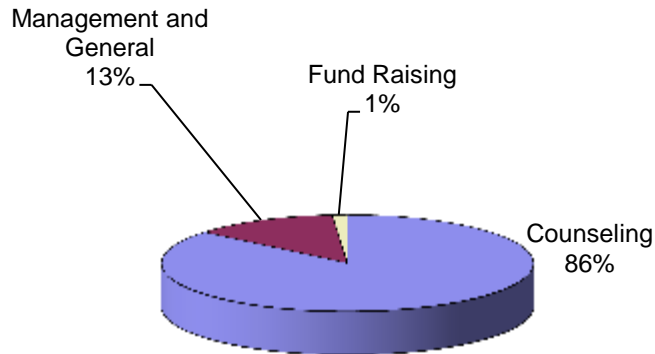
**Never underestimate your  
ability to make someone else's  
life better-even if you never  
know it.**

**-Greg Louganis**

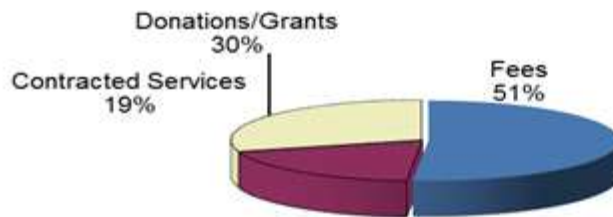


# FY 2016 Expenses

# Fiscal Report



# Revenue



**In FY 2016, we provided 12,473 services to the Fort Wayne /Allen County Community.**

## Donors July 2015 –June 2016

We gratefully acknowledge the following individuals, businesses, civic organizations and foundations for their support of our mission.

"Headwaters Counseling promotes and develops healthy relationships in individuals, families, and communities so they are empowered to make positive life choices."

### Individuals

Anonymous  
Cynthia Amber  
Jane E. Beer  
Mary Anna Bradshaw  
David Bobilya  
John & Ruth Bracht  
Donald & Angie Branstetter  
John & Carol Brooks  
Charles Clark  
Connie E. Carman  
Kristine Haworth Connerly  
Mary Eheart, PhD  
Mindy Fleischer  
Michael S. Gallo  
Mark & Michelle Gerig  
Leonard Goldstein  
Ann Helmke  
Daniel L. Herstad  
Mildred Henderson Hinkle  
John Hudson  
Teresa & Stephen Jarrell  
(In Memory of Barbara Macalka)  
(In Memory of Benjamin Jarrell)  
Kelly & Jodi Jones  
Michelle L. Kearns  
Chris Knutson  
Jane E. Malloy  
Clem & Linda Moses  
Robert Nance  
Eric Norman  
Deborah Overcash  
Mr. & Mrs. Richard Perko  
John Rowlett  
June Rambo  
Wes Shie  
Neelan Thomas Scheumann  
Jeffrey Sprinkle  
David Storey  
Mark Troutman  
Ann Wallace  
James Williams

### Businesses

Amazon Prime  
Dulin, Ward, and DeWald, Inc.  
Faegre Baker Daniels LLP  
Goodshop  
Kroger  
Lupke Rice Insurance  
Marathon Technology Group  
Old National Bank  
Parkview Behavioral Health  
Physicians Health Plan

### Civic Organizations

Fraternal Order of Eagles, Inc. 3512  
Theta Theta Chapter PSI IOTA XI  
Women of Simpson United Methodist Church

### Foundations

AWS  
English-Bonter-Mitchell  
Foellinger Foundation, Inc.  
Lincoln Financial Foundation, Inc.  
Lutheran Foundation  
Plogsterth Foundation  
Prophet Sisters  
St. Joseph Community Health Foundation  
United Way

**By helping others.....**

**.....we help ourselves**



### **Who does Headwaters Counseling serve?**

The official response is often reported as, **“We provide outpatient counseling services for persons who have behavioral health needs or are at risk of harmful involvement with alcohol or other drugs”**. We go on to say, **“Through a team approach and the active participation of the persons served, the overall philosophy of our program is to improve the quality of life and the functional abilities of the persons served.”**

### **In simple terms**

We provide a combination of mental health and alcohol and other drug/addiction services. We provide these services in a seamless system of care for individuals with needs in one or both areas, or for persons identified with dual disorders. **We provide quality services at an affordable price to all individuals who want our services.**

We work with adults of any age, in addition to children and adolescents. We provide services that include, but are not limited to individual, group, family counseling and psycho-education. These programs offer comprehensive, coordinated and defined services that may vary in level of intensity.

### **But who do we really serve?**

- The adolescent whose parent was murdered.
- The 8 year old child who suffered sexual abuse at the hands of a caretaker.
- The 21-year-old woman who is a victim of domestic violence.
- The middle age mom whose son died from a drug overdose.
- The couple in their 40’s who are experiencing empty nest problems.
- The 47-year-old that is struggling with alcohol issues at work.
- The young woman in her twenties who has tried to kill herself on three separate occasions.
- The 12-year-old who is bullied at school and has begun cutting themselves.
- The 43-year-old man depressed because his fiancé cheated on him.
- The 50-year-old mother trying to reestablish a relationship with her adult daughter.
- The young adult woman physically/sexually abused in her home and foster home who is now hearing voices.
- The senior citizen couple who is dealing with infidelity and a “new” sexual orientation.
- The girl (tween) who was obsessed with pornography.
- The brother and sister who molested one another.
- The 19-year-old woman who has been hospitalized on several occasions for using spice.
- The terminally ill middle aged woman wanting to help her family to let her die peacefully.

These are but a few of the people whom we have had the pleasure of serving and continue to serve. The people we serve are of all ages, religious backgrounds, and sexual orientations. They are victims, offenders, people with addiction issues, and people who have never touched mood altering substances. They may have mood disorders, severe mental illness, or be adjusting to life changes. We serve people that want and need understanding and compassion and we teach them the skills and tools they can utilize to live their lives in a healthy and happy manner

**Thank you for helping us to help others.**

